



**TAHAYGHEN ELEMENTARY SCHOOL
2015-2016 LUNCH PROGRAM**



MENU FOR OCTOBER 2015

Dear Parents/Guardians:

Attached is the Lunch Menu for October 2015. A prepared lunch will be delivered to the school from the Culinary Arts Program in Old Massett on every Monday, Tuesday and Wednesday (except for ½ days). Students will need to bring their own lunch from home on Thursdays and Fridays. The program will run from Wednesday, September 9, 2015 to Wednesday, June 29, 2016.

Please note that students will need to provide their own drinks as there are no beverages available.

If you do not want your child to participate in the lunch program OR if your child has any allergies to any of the meals (for all or any one of the days) please be sure to provide an alternate lunch plan for your child. (either send a lunch with your child OR provide a note for your child to go off for lunch.)

This lunch program is being offered free of charge for Tahayghen students from our school funding and the Gwaii Trust.

If you have any questions, please call the school at 250-626-5572.

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
October 5	October 6	October 7	October 8	October 9
Veggie Noodle Soup With Buns	Chicken, Rice, Black Bean & Corn Wrap	Salmon Salad Sandwich With Veggies	STUDENTS BRING THEIR OWN LUNCH	STUDENTS BRING THEIR OWN LUNCH
October 12	October 13	October 14	October 15	October 16
No School (Thanksgiving)	Chicken Caesar Wrap	Tuna Salad Sandwich With Veggies	STUDENTS BRING THEIR OWN LUNCH	STUDENTS BRING THEIR OWN LUNCH
October 19	October 20	October 21	October 22	October 23
Beef Stew With Buns	Veggie & Cheese Frittata With Fruit Salad	Egg Salad Sandwich With Veggies	STUDENTS BRING THEIR OWN LUNCH	No School (Pro D Day)
October 26	October 27	October 28	October 29	October 30
Seafood Chowder With Buns	Homemade Burritos	NO LUNCH STUDENTS DISMISSED AT NOON	STUDENTS BRING THEIR OWN LUNCH	STUDENTS BRING THEIR OWN LUNCH