



**TAHAYGHEN ELEMENTARY SCHOOL
2014-2015 LUNCH PROGRAM**



MENU FOR NOVEMBER 2014

Dear Parents/Guardians:

Attached is the Lunch Menu for Monday, November 3 to Friday, November 28. A prepared lunch will be delivered to the school from the Culinary Arts Program in Old Massett on every full school day. The program will run from Tuesday, September 23, 2014 to Friday, May 29, 2015.

Please note that students will need to provide their own drinks as there are no beverages available.

If you do not want your child to participate in the lunch program OR if your child has any allergies to any of the meals (for all or any one of the days) please be sure to provide an alternate lunch plan for your child. (either send a lunch with your child OR provide a note for your child to go off for lunch.)

This lunch program is being offered free of charge for Tahayghen students from our school funding and the Gwaii Trust.

If you have any questions, please call the school at 250-626-5572.

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
November 3	November 4	November 5	November 6	November 7
Salmon Chowder And Buns	Ham & Cheese Sandwich And Salad	Chicken & Black Bean Salad Sandwich And Veggies	Meatloaf And Mashed Potatoes	Pizza And Veggies
November 10	November 11	November 12	November 13	November 14
Chicken Vegetable Soup And Buns	No School (Remembrance Day)	Salmon Sandwich And Veggies	Veggie Chow Mein	Spaghetti And Garlic Toast
November 17	November 18	November 19	November 20	November 21
Halibut Soup And Buns	Veggie & Cheese Frittata And Fruit Salad	Pulled Pork Sandwich And Veggies	Baked Salmon With Rice And Salad	Chicken Penne with Broccoli And Garlic Toast
November 24	November 25	November 26	November 27	November 28
Vegetable Soup And Buns	Salmon Fish Cake Sliders And Salad	Egg Salad Sandwich And Veggies	Halibut Macaroni & Cheese And Salad	Chili And Zucchini Corn Bread