



**TAHAYGHEN ELEMENTARY SCHOOL
2014-2015 LUNCH PROGRAM**



MENU FOR OCTOBER 2014

Dear Parents/Guardians:

Attached is the Lunch Menu for Wednesday, October 1 to Friday, October 31. A prepared lunch will be delivered to the school from the Culinary Arts Program in Old Massett on every full school day. The program will run from Tuesday, September 23, 2014 to Friday, May 29, 2015.

Please note that students will need to provide their own drinks as there are no beverages available.

If you do not want your child to participate in the lunch program OR if your child has any allergies to any of the meals (for all or any one of the days) please be sure to provide an alternate lunch plan for your child. (either send a lunch with your child OR provide a note for your child to go off for lunch.)

This lunch program is being offered free of charge for Tahayghen students from our school funding and the Gwaii Trust.

If you have any questions, please call the school at 250-626-5572.

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
		October 1	October 2	October 3
		Chicken Fajitas	Meat Loaf And Garden Salad	Chicken Salad Sandwich And Garden Salad
October 6	October 7	October 8	October 9	October 10
Tomato Soup And Buns	Hummus Dip With Bread and Veggies	Ham Sandwich With Veggies & Dip	Shepherd's Pie	Chili and Buns
October 13	October 14	October 15	October 16	October 17
No School (Thanksgiving)	Chicken Quesadillas	Turkey Sandwich And Garden Salad	Veggie Stir Fry And Rice	Spaghetti And Garlic Bread
October 20	October 21	October 22	October 23	October 24
Halibut Chowder And Buns	BLT Wraps And Jell-O	Salmon Sandwich With Veggies & Dip	Chow Mein And Veggies	No School (Pro D Day)
October 27	October 28	October 29	October 30	October 31
Vegetable Soup And Jell-O	Baked Salmon And Rice	Ham Sandwich And Garden Salad	Beef Stew And Buns	Pizza