



**TAHAYGHEN ELEMENTARY SCHOOL
2014-2015 LUNCH PROGRAM**



MENU FOR JANUARY 2015

Dear Parents/Guardians:

Attached is the Lunch Menu for Tuesday, January 6 to Friday, January 30. A prepared lunch will be delivered to the school from the Culinary Arts Program in Old Massett on every full school day. The program will run from Tuesday, September 23, 2014 to Friday, May 29, 2015.

Please note that students will need to provide their own drinks as there are no beverages available.

If you do not want your child to participate in the lunch program OR if your child has any allergies to any of the meals (for all or any one of the days) please be sure to provide an alternate lunch plan for your child. (either send a lunch with your child OR provide a note for your child to go off for lunch.)

This lunch program is being offered free of charge for Tahayghen students from our school funding and the Gwaii Trust.

If you have any questions, please call the school at 250-626-5572.

| MONDAYS | TUESDAYS | WEDNESDAYS | THURSDAYS | FRIDAYS |
|-----------------------------------|---------------------------------|------------------------------------|-----------------------------------|--------------------------------|
| January 5 | January 6 | January 7 | January 8 | January 9 |
| No School (Pro D Day) | Turkey Sandwich And Jell-O | Salmon Sandwich And Veggies | Shepherd's Pie | Macaroni & Cheese And Salad |
| January 12 | January 13 | January 14 | January 15 | January 16 |
| Turkey Vegetable Soup And Buns | Ham Sandwich And Salad | Roast Beef Sandwich And Veggies | Meat Loaf And Mashed Potatoes | Baked Halibut And Salad |
| January 19 | January 20 | January 21 | January 22 | January 23 |
| Beef Stew And Buns | Egg Salad Sandwich And Salad | Turkey Sandwich And Veggies | Chicken Stir Fry And Rice | Spaghetti And Garlic Toast |
| January 26 | January 27 | January 28 | January 29 | January 30 |
| Pea Soup And Buns | Veggie/Cheese Frittata | Pulled Pork Sandwich And Salad | Chicken Penne And Garlic Toast | Chili And Fruit Salad |